

COMBINING TMJ, SDB & MYOFUNCTIONAL ORTHODONTICS

4-DAY EUROPEAN SUMMIT 2025

23rd - 26th SEPTEMBER 2025

For more than 35 years, Myofunctional Research Co. (MRC) has recognised breathing disorders as the major cause of malocclusion, poor jaw growth and TMJ Disorder. By effectively changing the way orthodontics for children is performed, the Myobrace® myofunctional orthodontic system, by MRC, fundamentally delivers airway and habit correction to resolve orthodontic problems.

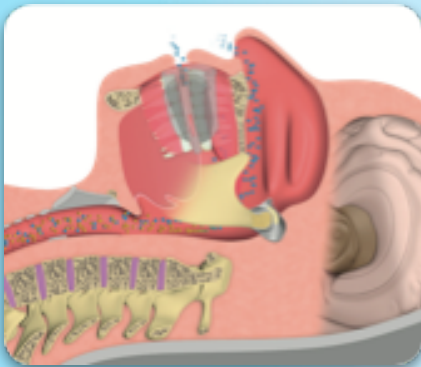
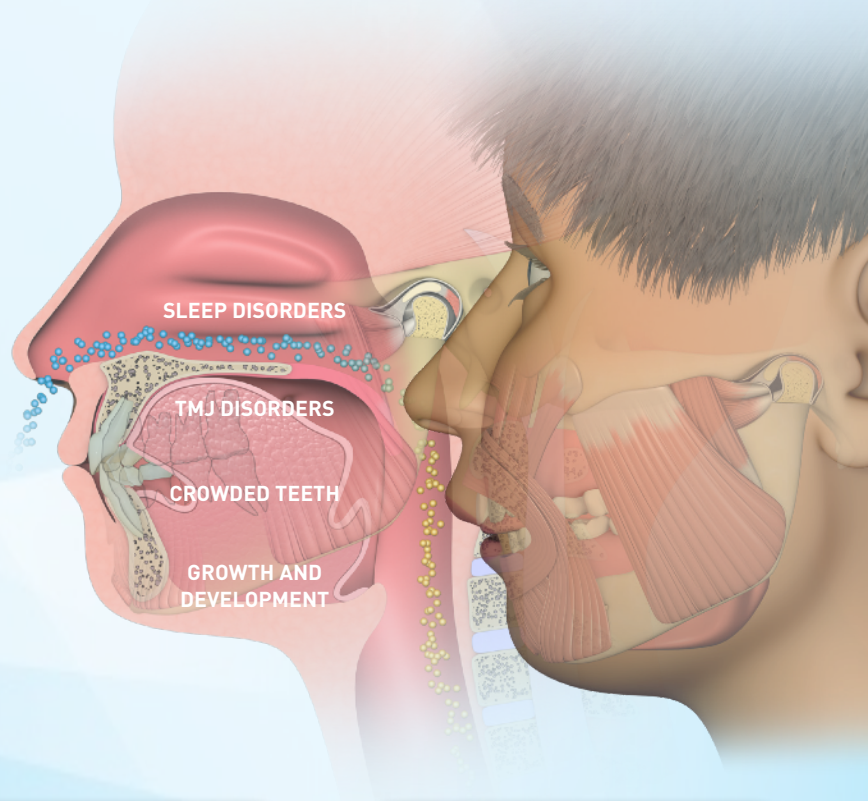
A complete training program for orthodontic & dental professionals.

**MRC Head Office & Training Centre
Waalwijk, the Netherlands**

- PRELIMINARY PROGRAM -

LEARNING OUTCOMES

- Practical aspects of the implementation of myofunctional treatment in your practice.
- Understanding the development of occlusion and function.
- Diagnosis of soft tissue dysfunction, Sleep-Breathing disorders, Tongue Tie and Malocclusion.
- An extensive presentation of treatment possibilities with MRC's treatment systems Myobrace, Myosa MyoTalea and TMJBDS.
- Effectively educate parents and patients to achieve consistent results.
- Myofunctional Orthodontics - treating the causes rather than the symptoms of malocclusion.
- Evaluation & discussion of cases.



Airway correction for children and adults.



Immediate diagnosis and treatment of TMJ Disorder.



Myofunctional Orthodontic treatment for ages 3-15.

myobrace®

myosa®

TMJBDS®
FOR TMJ, BREATHING & DISORDERED SLEEP

myoTalea®

**MYOFUNCTIONAL
RESEARCH CO.**
CORRECTING BREATHING HABITS
FOR THE LAST 30 YEARS

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LECTURERS OVERVIEW



Dr Chris Farrell
MRC Founder & CEO, BDS
(Sydney)



Professor Luca Levrini
MB, MBA, Dip BM, FBP,
Italy



Dr John Flutter
BDS London Dental
Surgeon, UK

Dr Vincenzo Giorgino
Qualified Specialist in
Orthodontics, Italy



Cathy Sherry
DDS, USA



Dr Naomi Doelen
Dentist, the Netherlands

Patrick McKeown
Founder & CEO Oxygen
Advantage, Ireland



Dr John Roberts
BDS, UK



Dr Madeeha Khan
Senior Dentist, Clinical Liaison
& Lecturer, MRC AUS



Dr Steven R. Olmos
DDS, Founder of TMJ &
Sleep Therapy Centre,
USA

Peter Helderop
Speech Therapist (SLP),
the Netherlands



Dr Saskia Wolf
M.Sc. Orthodontist, Austria



Dr Sjoerd Smeekens
Dentist, Prosthodontist,
the Netherlands



Kelly DeMiro
Head of Clinical Support
& Training, MRC USA

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LECTURERS ABSTRACT



Dr. Chris Farrell - MRC Founder & CEO, BDS (Sydney)

Dr. Chris Farrell graduated from Sydney University in 1971 having gained a comprehensive knowledge of traditional orthodontic treatment using the BEGG technique.

As a result of his clinical experience he became interested in TMJ/TMD Disorder and after further research discovered the aetiology of malocclusion and TMJ Disorder was myofunctional, which contradicted the established view of his profession.

Dr. Farrell founded Myofunctional Research Co. (MRC) in 1989 with the intent to develop a Myofunctional Orthodontic system targeted at treating the upper airway and neuromuscular dysfunction causing malocclusion.

Dr. Farrell's Myobrace® and Trainer treatment systems have proven extremely effective at providing early, preventive pre-orthodontic treatment and are now used by dental professionals in more than 100 countries.



Dr Luca Levrini - Professor

Luca Levrini is associate professor at the University of Insubria (Como e Varese, Italy), where he is director of the post graduate School in Orthodontics and vicarious president of the Degree School in Dental Hygiene.

Provides clinical dental activities as University Medical director at the Public Macchi Hospital of Varese (Italy). National councilor of Sindacato Unitario Specialità Ortodonzia. Member of the Order of Journalists of Lombardy, publicists list. President of the Alessandro Volta Foundation. President of the National Ministerial Committee for the celebrations of the birth of Pliny the Elder. Governance Coordinator of Como UNESCO Creative City. Author of more than sixty publications indexed on Pubmed.



Dr. John Flutter - BDS London Dental Surgeon

Dr. Flutter was born in England and qualified as a dentist at Kings College Hospital Dental School at the University of London in December 1971.

His early days of general dental practice were in the UK and he then moved to Australia in 1977. Dr. Flutter has been doing orthodontic treatment for forty four years and has become familiar with all techniques in particular the Biobloc technique integrated with an emphasis on techniques to establish nasal breathing to improve growth and development of the growing child, focusing on health, the face and the orthodontic stability rather than orthodontic excellence.

Dr. Flutter was the first to adopt his clinic to MRC Clinics in October 2009 and then the newer Myobrace Pre-orthodontic Center in July 2014. Dr. Flutter is a Certified Breathing Practitioner and a Buteyko Breathing Practitioner who has lectured on "Myofunctional Influences on Facial Growth and The Dentition" in 67 countries in the last 25 years.

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Dr Barry Raphael - DMD

Dr Raphael is an orthodontist and founder of the Raphael Center for Integrative Orthodontics in Clifton, New Jersey. His focus on 'big picture' orthodontics started with his introduction to Chris Farrell and The Myobrace System in 2008.

Now, Dr Raphael offers a wide range of integrative techniques designed to help children grow in the best possible way and to help adults find wellness, not just symptomatic relief. He teaches these concepts at the Mt. Sinai School of Medicine in New York City, at the Raphael Center for Integrative Education, nationally and internationally. Dr Raphael is working closely with the American Dental Association (ADA) and the American Association of Orthodontists (AAO) to move the practice of dentistry forward in the 21st century.



Dr. Vincenzo Giorgino - Qualified Specialist in Orthodontics

Dr. Giorgino Vincenzo was born in Italy and graduated in Dentistry in 2007, in Pavia. He began using Myobrace in 2011.

In 2014 he started at scientific conferences as a public speaker on Myobrace, on treatment of specific cases. Since then, until today, he continued to study Myobrace treatment protocol, integrating it with his knowledge of bioprogressive orthodontics, gnathology, treatment of sleep disorders and myofunctional therapy.

As an orthodontist he exclusively performs myofunctional, lingual and bracket-less orthodontics, exploiting the "extra-occlusal functional anchorage" resulting from the use of Myobrace appliances in all his orthodontic cases.

His vision of "healing from malocclusion" places correction of dysfunction at the center of treatment, uses the Bent Wire System for sagittal and transverse problems and posterior occlusal veneers for vertical problems, when needed, for predictable and stable results.

As the first Myobrace Provider in Italy, he teaches how to integrate the Myobrace protocol in the dental practice, and is the referral specialist of the Myobrace Study Groups in Italy. He is a SIDO and DDS member.



Dr Steven R. Olmos

Dr. Steven Olmos has been in private practice for over 35 years with the last 30 years devoted to research and treatment of Craniofacial Pain, TMD, and Sleep Disordered Breathing.

He obtained his DDS from USC (University of Southern California) School of Dentistry and has continued his education with over 4,500 hours dedicated to research and treatment in the field of mandibular orthopedic dysfunction and sleep disordered breathing. Dr. Olmos is board certified in both craniofacial pain and dental sleep medicine. He is the founder of TMJ & Sleep Therapy Centres International with over 60 Centres spanning 7 countries dedicated exclusively to the treatment of these disorders. Dr. Olmos has been honored for his contributions to dentistry with Fellowship in the Academy of Dentistry International and the 2008 AACP Haden-Stack Award for his contributions to education in the field of TMD and Craniofacial Pain.

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Dr Madeeha Khan - Senior Dentist, Clinical Liaison & Lead Lecturer

Dr Khan is a senior dentist and clinical liaison for the Myobrace Pre-Orthodontic Clinics in Australia. She is also the lead lecturer and case support team leader at MRC, where she provides treatment support, education, and advice to Myobrace practitioners worldwide.

Dr Khan completed her dental degree at Griffith University, and then went on to complete a Graduate Diploma in Clinical Orthodontics with BPP University and The City of London Dental School. She is passionate about improving the overall health of children, and her desire to work at MRC stemmed from her belief that early intervention can change the course of paediatric health. Dr Khan has been working at MRC since 2016 and is enthusiastic about sharing her knowledge and experience with the Myobrace and Myosa systems with fellow Myobrace practitioners .



Peter-Jan Meulenbelt - Dentist

Dr. Peter Jan Meulenbelt graduated as a general practitioner from the University of Utrecht in 1981. His interest in orthodontics started in the early 90's as he attended the first course of Progressive Orthodontic Seminars, introducing orthodontics to general practitioners.

Together with three colleagues he founded the Orthodontic Association for general Practitioners (OVAP) and was a member of the OVAP-board for many years.

The OVAP had around 450 general practitioners listed as a member.

In 1997 he organised a course (Habitual Mouth Breathing, more than just an orthodontic problem) and acted as moderator of this OVAP-course.

After following several postgraduate courses within the Netherlands and abroad, his practice started working with the Bioprogressive Therapy from Dr. Robert M. Ricketts.

In 2012 he learned about MRC and their Myobrace treatment protocols.



Dr John Roberts - BDS (UK)

John born in Liverpool, England and qualified in Dentistry at Leeds University 1981. After a brief period in NHS dental care John started his own practice in Rochdale 1987.

This new practice allowed John to create a more holistic approach to dental care, including mercury free, mercury safe restorative care, non-extraction orthodontics, prioritising preventive dental hygiene for general health. He was an early adopter of myofunctional therapy.

Non dental training included cranial osteopathy, homeopathy, Kinesiology, nutrition and many other alternative health practices. From 2000-2002 John studied part-time in Washington DC and achieved a second medical degree in Integrative Medicine.

John's new Integrative Dental and Health practice opened in 2003 for collaboration between dentist and other complementary health practitioners. It was a UK leading model for dental care being part of a health care team.

John moved back to a more holistic dental clinic in 2017 and now works independently in several dental practices in England and Scotland in conjunction with complementary health practitioners delivering Dentistry for Health and Healing.

As John's career has evolved he now lectures in the UK and abroad on the structural link between dentistry, breathing, swallowing, posture, sleep and whole body health.

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Patrick McKeown - MB, MBA, Dip BM, FBPI, Ireland

Patrick McKeown was educated at Trinity College Dublin, completing his clinical training in Russia. Since 2002, he has taught functional breathing to help children and adults with insomnia, snoring and sleep apnea. Patrick's article, **Breathing Re-Education and Phenotypes of Sleep Apnea: A Review**, co-authored with Drs. Carlos O'Connor-Reina and Guillermo Plaza, is published in the **Journal of Clinical Medicine**.

The Breathing Cure (2021), Patrick's newest book, is a deep dive into the science of breathing. It explores functional breathing for a wide range of health conditions, and breathing exercises suitable for adults, children and teens.



Peter Helderop - Speech Therapist

Peter Helderop is a speech therapist, graduated at the University of Applied Sciences in Leiden, The Netherlands. He opened his first practice in Vlaardingen in 1989. Peter gained several postgraduate qualifications in orofacial myofunctional, voice, stuttering, speech and language therapy both in The Netherlands and other countries.

He contributed to the development of the Dutch Dental Association (NMT) paediatric dentistry guidelines and is also a (guest) lecturer on the Paediatric Dentistry course taught at the Academic Centre for Dentistry in Amsterdam (ACTA) and the Continuing Education Program in Comprehensive Dentistry (CEPCD) in Oisterwijk. Peter has been teaching continuing education courses on speech therapy and dentistry orofacial myofunctional therapy for over 28 years.



Kelly DeMiro - RDH, BS, OMT, IBCLC

Ms Kelly DeMiro began her career as a chairside dental assistant in high school and went on to become a registered dental hygienist.

She furthered her education in the dental field by learning more about clinical applications of techniques and obtaining her local anaesthesia permit in 2008. She attended an IAOM course to become a myofunctional therapist in October of that same year. After spending 22 years practicing as a RDH and OMT, she took up a role as the lead US educator with MRC where she has been able to express her passion of belief in myofunctional therapy.

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AGENDA - DAY 1 - Tue, 23rd Sept 2025

MYOBRACE, TMJ, SRDB, OSA & OMFT

08:45 - 09:00	Registration & Daily Announcements
09:00 - 09:15	Welcome to the sixth European Summit. What are we here to learn? Program Presentation. <i>Presented by Niels Hulsink, Sales and Product Manager, MRC Europe, the Netherlands</i>
09:15 - 09:45	Past Present and Future. Myofunctional Orthodontics, TMJ and Sleep Disorders. (Online Recording). <i>Presented by Dr Chris Farrell, BDS Sydney University, MRC Founder & CEO, Australia</i>
09:45 - 10:30	The Oxygen Advantage Technique. <i>Presented by Patrick McKeown, MB,MA,Dip BM, FBPI, Ireland</i>
10:30 - 11:00	Break
11:00 - 12:30	Mouth Breathing: Physical, Mental and Emotional Consequences. <i>Presented by Patrick McKeown, MB,MA,Dip BM, FBPI, Ireland</i>
12:30 - 13:30	Lunch
13:30 - 14:30	Cases – Malocclusion, Facial Development and Health. <i>Presented by Dr Cathy Sherry, DDS, USA</i>
14:30 - 15:00	MRC Appliance & Treatment Guide 2025 <i>Presented by Niels Hulsink, Sales and Product Manager, MRC Europe, the Netherlands</i>
15:00 - 15:15	Q & A - Lottery, workshops & Evening Announcements.
15:15 - 15:45	Break
15:45 - 17:30	Workshops. LIMITED SEATS: Sign up each morning to reserve you seat for one of the following workshops.
	<div>TMJ Muscle, Joint & Trigger Palpation <i>Presented by Dr John Flutter</i> 20 Seats Available</div> <div>OMFT Measurement Station 430 <i>Presented by Peter Helderop</i> 12 Seats Available</div> <div>MYOSA TMJBDS Protocol & Activities <i>Presented by Dr Madeeha Khan</i> 20 Seats Available</div> <div>(Fast Track) Activities Programs <i>Presented by Kelly DeMiro</i> 20 Seats Available</div>
17:30 - 20:00	Summit Disco Party - Indonesian Food, Drinks & Music (The best place to meet and greet)

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AGENDA - DAY 2 - Wed, 24th Sept 2025

(PAEDIATRIC) SRDB & TONGUE TIE

08:45 - 09:00	Daily Announcements
09:00 - 10:45	SRDB and TMD in the Dental Practice. Screening, Diagnosis and Treatment. <i>Presented by Dr Steven R. Olmos, DDS, USA</i>
10:45 - 11:15	Break
11:15 - 12:30	SRDB, Tongue Tie & Malocclusion in the Dental Practice. <i>Presented by Dr Madeeha Khan, Senior Dentist, Clinical Liaison & Lead Lecturer MRC, Australia</i>
12:30 - 13:30	Lunch
13:30 - 15:00	Cranial Growth - Entertaining and Educational. <i>Presented by Dr John Flutter, BDS LondonDental Surgeon, UK</i>
15:00 - 15:15	Q & A - Lottery - Evening Announcements.
15:15 - 15:45	Break
15:45 - 17:30	Workshops. LIMITED SEATS: Sign up each morning to reserve you seat for one of the following workshops. <div><div>TMJ Muscle, Joint & Trigger Palpation <i>Presented by Dr John Flutter</i> 20 Seats Available</div><div>OMFT Measurement Station 430 <i>Presented by Peter Helderop</i> 12 Seats Available</div><div>MYOSA TMJBDS Protocol & Activities <i>Presented by Dr Madeeha Khan</i> 20 Seats Available</div><div>(Fast Track) Activities Programs <i>Presented by Kelly DeMiro</i> 20 Seats Available</div></div>
17:30 - 20:00	Bowling & Diner (limited seats)

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AGENDA - DAY 3 - Thu, 25th Sept 2025

MYOFUNCTIONAL ORTHODONTICS & SRDB

08:45 - 09:00	Daily Announcements
09:00 - 10:30	<p>From bio-progressive orthodontics to myofunctional orthodontics, treating the cause and not only the effect. Including Clinical Cases.</p> <p><i>Presented by Dr Vincenzo Giorgino, Qualified Specialist in Orthodontics, Italy</i></p>
10:30 - 11:00	Break
11:00 - 12:00	<p>Airway Dentistry - Who is not familiar (yet)?</p> <p><i>Presented by Dr Naomi Doelen, Dentist, the Netherlands</i></p>
12:00 - 12:45	<p>How to get the best results with Myofunctional Orthodontics.</p> <p><i>Presented by Dr Saskia Wolf, M.Sc. Orthodontist, Austria</i></p>
12:45 - 13:45	Lunch
13:45 - 15:15	<p>Breathing & Swallowing is more than Oxygen.</p> <p><i>Presented by Dr John Roberts, BDS, UK</i></p>
15:15 - 15:30	Q & A - Lottery - Evening Announcements.
15:30 - 16:00	Break
16:00 - 17:30	<p>Workshops.</p> <p>LIMITED SEATS: Sign up each morning to reserve you seat for one of the following workshops.</p>
	<div><div><p>TMJ Muscle, Joint & Trigger Palpation</p><p><i>Presented by Dr John Flutter</i></p><p>20 Seats Available</p></div><div><p>(Fast Track) Activities Programs</p><p><i>Presented by Kelly DeMiro</i></p><p>20 Seats Available</p></div></div> <div><div><p>MYOSA TMJBDS Protocol & Activities</p><p><i>Presented by Dr Madeeha Khan</i></p><p>20 Seats Available</p></div><div><p>Farrell Bent Wire (BWS) - Workshop</p><p><i>Presented by Niels Hulsink</i></p><p>12 Seats Available</p></div></div>
18:30 - 21:00	City (Boat) Tour Den Bosch + Brewery or Shopping (booked individual - limited seats)

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AGENDA - DAY 4 - Fri, 26th Sept 2025

SRDB, OSA & TMD

08:45 - 09:00	Daily Announcements
09:00 - 10:45	Sleep Disordered Breathing and OSAS in children and adults. <i>Presented by Professor Luca Levrini, Italy</i>
10:45 - 11:15	Break
11:15 - 12:30	Airway dentistry & Bruxisme. <i>Presented by Dr Sjoerd Smeekens, Dentist & Prosthodontist, the Netherlands</i>
12:30 - 13:00	Q&A - Lottery - Ceremony of Certification.
13:00 - 14:00	Lunch & Good Bye

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REGISTRATION FORM

REGISTRATION FEES (FULLY CATERED)

Early Bird Registration 10% Discount

Valid till 30 April 2025

4-DAY EU SUMMIT

4 DAYS

Practitioner

€ 1.595,00 ☐

Staff (max 2 per practice)

€ 1.050,00 ☐

Prices include 21% VAT

(No refund after July 31)

3 DAYS

€ 1.475,00 ☐

€ 950,00 ☐

REGISTRATION DAYS

Wed ☐ Fri ☐

Thu ☐ Sat ☐

DISCOUNT:

25% MEMBER ☐

50% MCP ☐

REGISTRATION DETAILS

Profession:

Name:

Practice Name:

Contact Number:

Email:

Postal Address:

Dietary Requirements:

ADDITIONAL ATTENDEES

Name:

Position Held:

Contact Number:

Email:

Dietary Requirements:

PAYMENT DETAILS

Amount €:

Make payment to Myofunctional Research Co.

☐

Credit Card (Visa or Mastercard)

☐

Bank Transfer

Card Number:

Expiry Date:

CVV:

VENUE DETAILS



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